Ten Top Vegetables and Perennials

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Vegetables

**Sungold tomato**
- Cherry type
- Very sweet
- Long season
- 57 days to fruit
- Indeterminate
- Some disease resistance

**Celebrity tomato**
- All-America Selections winner
- Med-large, 7-8oz.
- Midseason
- Determinate
- 72 days to fruit
- Good disease resistance

**Brandywine tomato**
- Heirloom
- Large, 1lb.+
- Indeterminate
- 78 days to fruit
- Very good taste
- “potato leafed”

**Outredgeous romaine lettuce**
- For baby leaves
- Bright red in sun, red even in shade
- 28 days to picking
- Sow successive crops
- Good in planters, ornamental

**Buttercrunch lettuce**
- Dark green
- Buttery sweet
- Baby leaves or head, salad mixes
- 28 days to picking
- All-America selections winner

**Provider beans**
- Bush snap
- 15-20in. tall
- Beans 5-8in.
- 50-60 days to fruit
- Good in cool/diverse soils

**Carmen sweet pepper**
- All-America selections winner
- Italian bull’s horn type
- Sweet for salads, roasting
- Fruits 6in. long
- 60 days to green, 80 days to red

**Sweet Success cucumber**
- Very sweet, burpless
- All-America selections winner
- 12in. Long
- Good disease resistance
- 58 days to fruit

**Sugar Snap pea**
- All-America selections winner
- 6ft. Vines
- 3in. pods
- 70 days to fruit
- Long fruiting
- Super Sugar snap shorter, earlier, mildew resistant

**Carola potato**
- Good flavor—sweet, buttery
- Germany origin
- Medium size
- Round to oblong
- Yellow skin and flesh
- Good storage
Perennials
(sun “preference”: 8+hrs/day full sun, part shade 4-8 hrs, shade less than 4 hours or more indirect; hardy to at least zone 4 unless noted; well-drained soils)

1. **Ivory Prince hellebore/Lenten rose** (*Helleborus x hybridus* ‘Ivory Prince’)
   Part shade to shade, tolerates sun in north; May bloom, many upright flowers; 12-18in. tall; from David Tristam in UK

2. **Jack Frost Siberian bugloss** (*Brunnera macrophylla* ‘Jack Frost’)
   2012 Perennial Plant of the Year, small blue “forget-me-not” flowers May, full to part shade, 10-12in.; from Walter’s Gardens in MI

3. **River series foamflower** (*Tiarella*)
   Spreading type, (Lehigh, Susquehana, etc.), white flower spikes June, full to part shade, 6-9in.; from Sinclair Adam Jr, PA/VT

4. **Tutti Frutti yarrows** (*Achillea millefolium*)
   Long bloom Jun-Aug, (‘Strawberry Seduction’, ‘Pomegranate’, etc.), 18-24in. high and wide, sun; from Blooms of Bressingham in Holland

5. **Silver Lode coralbells** (*Heuchera* ‘Silver Lode’)
   Silvery leaves, good vigor, strong burgundy flower stalks June to 3ft., sun to part shade; from Blooms of Bressingham and Charles Oliver in PA

6. **Rozanne perennial geranium** (*Geranium x ‘Rozanne’*)
   2008 Perennial Plant of the Year, long bloom last half summer, iridescent blue, 18in. x 18-24in. wide, sun; Blooms of Bressingham from UK garden of Donald and Rozanne Waterer

7. **Purity coneflower** (*Echinacea* ‘Purity’)
   Compact, sturdy withstanding wind, white flowers July, 18-24in. high and wide, sun but tolerates part shade (fewer flowers); from Terra Nova Nurseries in OR

8. **Peppermint Twist tall garden phlox** (*Phlox paniculata* ‘Peppermint Twist’)
   Pink and white pinwheel petals early Aug., compact 18-24in., sun by tolerates part shade (fewer flowers), good mildew resistance; from Dutch nurseryman Jan Verschoor

9. **Northwind switchgrass** (*Panicum virgatum* ‘Northwind’)
   Bluish leaves, sturdy upright, airy flowers to 6ft late summer, sun (flops in part shade to too fertile), tolerates boggy to dry soils; from Northwind Perennial Farm in WI

10. **Red-stemmed Northern Lady fern** (*Athyrium filix-femina* ‘Lady in Red’)
   Light green finely cut leaves on red stems, 24-30in x 18-24in. wide, part to full shade, tolerates sun in north in moist soils; from New England Wildflower Society and gardener John Lynch

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Perry’s Perennial Pages (type into search engine), or perrysperennials.info